



COWAN BASEBALL/SOFTBALL LEAGUE

12U RULES

1. Players may not turn 13 prior to April 30th. No replacement player will be allowed without approval of the other coaches
2. Bases are to be 70 ft. Pitcher's mound at 50 feet
3. Each team will be assigned an equal number of players, as near as possible
4. Each Team has a Head Coach. The head coach may choose one assistant coach prior to team selection. After team selection, the head coach may have an unlimited number of assistant coaches (after team selections)
5. Each team will field 9 players and bat all players. The six infielders will play the standard infield positions. Infielder playing the pitcher position is to play even with or behind the pitching mound. Three (3) players are to be in the outfield.
6. All batters must wear a batting helmet while batting and while running the bases. Any batter or runner who intentionally shakes or knocks off their helmet will be call out. Helmets will be provided by the league.
7. A courtesy runner may be used for the catcher when there are two (2) outs. The runner/catcher must have caught the previous inning. The courtesy runner will be the player that made the second out of the inning. No courtesy runner will be used in the last inning.
8. Infield fly rule DOES apply.
9. Lead offs ARE allowed. Steals ARE allowed. Runners may tag up and run on a caught fly ball.
10. The catcher must take a catcher's crouch position behind the plate. Catchers must wear a mask, chest protector, and leg guards, all provided by the League. A regulation cup must be worn. A regulation cup is highly recommended for all players
11. Outfielder must stay in the outfield during the inning. They may not enter the dirt area of the infield once an inning has started. Outfielders must be positioned in the grass area during the pitch, but may advance to the dirt are to make a defensive play.
12. Any player on the team roster may pitch.
13. A 12 & under league pitcher may pitch a maximum of 5 innings in two (2) consecutive games. It does not matter how much time is between the two games
14. Drop third (3rd) strike is IN effect
15. One pitch constitutes an inning.
16. Pitching a player too many innings in a game will result in an automatic forfeit.
17. Balk will be called. However, the first balk called for each pitcher in a game will result in the pitcher receiving a warning, being instructed what was done incorrectly, and the runner will not advance. Any other balks called on the same pitcher during the game will result in runners advancing one base.
18. Starting Pitcher – on third (3rd) mound conference is removed, any other pitcher on second (2nd) mound conference is removed.
19. Any rule not covered here will come from the IHSAA Baseball Rulebook.